



TotalFit Covid-19 safety measures:

The health ministry announced coronavirus protection measures on Saturday for gyms, which will reopen as of Saturday 13 of June.

According to the ministry, access to gyms and use of the equipment will only be allowed

- **By reserving a spot one day before in order to avoid too many people.**

One person is allowed per ten square metres of space, which the ministry says can be achieved through the reservation system, and time limits for using equipment.

Staff will check customers ,

- **Clean their hands when entering the gym with provided hand sanitizer.**

There also need to be ground markers to designate distances, and sanitisers will need to be placed in all areas of the gym.

- **Dressing rooms and saunas will remain closed.**
- **Water and other drinks must be brought from home or purchased from a vending machine.**

Thank you for your understanding!

**HELP STOP THE SPREAD OF COVID-19**